



Help for the intestine

AuxInt® Food supplement for stabilization of intestinal flora¹

For absorption disorders and acute diarrhea

Our gastrointestinal tract contains its own nervous system, where billions of connected neurons take care of tens of thousands of bacteria, which in turn influence our mood, personality and state of health.

Folklore has it that excitement hits the stomach, lovers have butterflies in their stomach, unpleasant things sit heavy on the stomach, and sometimes we make decisions based on our gut feeling. We feel that our brain does not control everything. Our intestine is a dynamic and powerful lifeline. This has been misunderstood for a long time.

The digestive process is very complicated and cannot be symbolized in the laboratory. A large number of nerve cells and microorganisms are required to digest food, on top of a substantial amount of chemicals, e.g., amino acids.

Our "two brains" have a lot in common: The upper brain is called the central nervous system, the lower the enteric nervous system. This separation makes evolutionary sense, as the upper brain can work more effectively while at all times staying in contact with the lower brain through the vagus nerve. Also, both use the same neurotransmitters; for example, while serotonin regulates the "well-being" in the upper brain, in the stomach, it determines the rhythm of our intestinal activity and regulates the immune system. Our gastrointestinal tract produces 95% of our serotonin.

We humans have 100x more bacteria in our digestive tract than cells in our body. As a result, an intervention in the microbiome has far-reaching consequences that are not often spontaneously visible. Our intestinal bacteria provide for the largest part of our immune system, and therefore, antibiotics should always be considered as a high-risk therapy. However, probiotics are probably just as critical.

So, what should we do if there are disturbances in the intestinal tract?

AuxInt stands for "Auxilium Intestinorum", which is Latin for "Helping the Intestine." AuxInt provides for an immediate and sustainable treatment of acute intestinal problems. It quickly eliminates acute disease-related symptoms such as diarrhea and allows the body's self-healing processes to take effect: The re-colonization by lactobacilli at the expense of E. coli normalizes the intestinal flora. Trials show that its composition of natural extracts is excellently suited to rapidly restore the intestinal microbial balance: It has an astringent effect on the intestine's surface that makes it more difficult for harmful bacteria to colonize. The immune system can react more quickly, promoting the healing process.

So what should we do if there are disturbances in the intestinal tract?

AuxInt presented an immediate and sustainable treatment of acute intestinal problems. AuxInt provides fast elimination of the acute symptoms of diarrhea. Long-term improvement of the intestinal flora can be expected as an additional effect by triggering the body's self-healing process: The disease-related disturbance of the intestinal flora comes eliminated, and the increased formation of lactobacilli initiates normal intestinal colonization. There is a shift in the colonization of the microflora at the expense of E. coli to more Lactobacilli. In practice, trials conducted with the used mixture of natural extracts have shown that the extract mixture "AuxInt" (lat. Auxilium Intestinorum for "help for the intestine) is excellently suited to quickly restore the microbial balance in the intestine in case of intestinal problems. The important thing here is that the natural raw materials used have an astringent effect on the intestine's surface, which means that harmful bacteria, for example, are less able to colonize. The immune system reacts very quickly, which promotes the healing process.

¹ Item no. 5002

How is Auxint composed?

In addition to natural herbal extracts, AuxInt capsules contain galangal root, caraway and fennel, known for their positive astringent, anti-inflammatory but also antispasmodic effects on the digestive tract.

Furthermore, AuxInt capsules contain beta-glucans. Many recent studies on these constituents of nutritional fibers show, for example, how they bind water in the intestine and serve as a food source for intestinal bacteria. Beta (β)-glucans also help to optimize blood sugar and cholesterol levels. The panel of the European Food Safety Authority (EFSA) considers them as contributing to an "improvement of the digestive function."

Overall, AuxInt supports the self-regulation of the body.

How to take Auxint capsules?

AuxInt should not be used permanently! For acute cases, we recommend taking two capsules per day for the first two days; normally this should resolve the problems. If necessary, take one capsule on each of the following two days. If you see no improvement, do see a doctor. AuxInt has shown no side effects so far.

AuxInt capsules are a dietary supplement that compensates for deficiencies in the composition of the intestinal mucosa.

Declaration AuxInt:

Food supplement from plants and plant extracts

Packing unit: 20 Capsules.

20 Capsules = 4 g net weight (0,4 oz)

Ingredients	per capsule	daily dose (2 capsules)
Licorice root extract	100 mg	200 mg
Fennel seeds	15 mg	30 mg
Caraway seeds	15 mg	30 mg
Galangal root	15 mg	30 mg

Additives Vitamin D3 10 μ g 20 μ g
Vitamin D contributes to a normal function of the immune system.

Ingredients:

β -D-Glucan, Licorice root extract, caraway seed, fennel seed, galangal root. Free from colorants and preservatives

Recommendation:

On the first and second day, two capsules with sufficient liquid. If necessary, on the following two days, one capsule each day.

Advice:

The specified recommended daily intake should not be exceeded. AuxInt is natural support for acute diarrhea. It does not replace prescribed medication. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep product out of reach of children.